Stop telling your brain you will read this

Do you have a secret stash hiding in plain sight under the guise of "Favorites" with an innocuous category of Must Read? Or, maybe you've hidden them among a myriad of file folders label by topic.

Face it, if you had to divulge the number of posts and articles you've saved it would be a number that would be more embarrassing to reveal than your true weight.

Unfortunately, **some of that saved information could actually make your life easier and more productive** if you just took the time to read it. You agree that's true, but your primary argument is that you just don't have the time right now.

If you really want your life to be easier and more productive, then **you have to make time and decide** how you're going to make that happen. To help your decision making process along, I pulling out 3 of my best blog posts on decision making.

Don't, and I mean don't attempt to save this blog post in Favorites or a file folder.

Stop telling your brain you will read this and **instead take the time and read these 3 posts now**. It should only take you 10 minutes, and if you can learn something in 10 minutes that will make your life easier and more productive then it's worth the time.

- **The upside of making a decision**

- **Good decisions can become a lot**

easier

- **You only need to know 6 decision types**